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# Tango: The Structure Of The Dance Vol.2



## **Synopsis**

The Structure of the Dance Vol. 2, The Matrix The set of sequences "The Matrix" is considered the ultimate key for success in the tango world. Specifically design to unconsciously accelerate your learning potential to maximum speed. Get advantage of this amazing learning tool. The instructions can be easily followed with the help of a series of two and three-dimensional diagrams especially designed by the author. The method is explained in a clear, concise and efficient way and includes lessons for the beginner to the most advance in tango dance theory. This book revolutionizes all of the traditional concepts used until now in the teaching of this sensuous, passionate and complex dance.

## **Book Information**

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## **Customer Reviews**

Born in Buenos Aires, Argentina, Mauricio Castro is the founder of Tango discovery and a renowned dancer and teacher of Argentine Tango. He created and developed a personal style of dancing and teaching tango in Buenos Aires and then, through Tango discovery, he brought it to the rest of the world. To his solid musical education at the prestigious Berklee College of Music (Boston, USA), he added contemporary dance and movement technique studies (Laban Analysis, Bartenieff Fundamentals and The Skinner Releasing Technique, among others). In addition, he also studied Human Sciences in Neuro Linguistic Programming, Design Human Engineering and Human Ecology. The joining of these disciplines and influences allowed him to create his particular and unmistakable style, systematizing it into an innovative method to accelerate the process of learning to dance. Breaking out from rigid sequences, his focus is to develop improvisation skills through a simple and dynamic technique where students discover not only a relaxed and released style, but

also a new way of expressing and communicating with their bodies. The synthesis of his method, recognized worldwide by hundred of dancers, is available not only by attending his classes but also in his books and cutting-edge multimedia CD-ROMs, available in several languages. From the beginning, Castro insists that the tango may and should be for anyone, something so pleasurable and common like breathing . From a review of Tango, The Structure of the Dance Vol. 1 . In the newspaper La NaciÃƒn (10/07/2001). Argentina.

This book is perhaps even better than its predecessor. It delves into more complex possibilities than the first, and presents a wealth of rich exercises and dance ideas. It's also better edited (fewer typos) and, I think, more clearly presented. The title is a bit misleading: this is not only structure, but also practical exercises in technique and body training, and bits of tango philosophy. In this last respect, it is also a continuation of "Tango Awareness" -- but it steers clear of the some of the pretentious and silly grand declarations that bogged down Tango Awareness, and sticks with the author's wonderful little "thought experiment" explorations of tango philosophy. (The back cover of SotDv2 is pretty darned pretentious, but the book is not, thankfully.) If you have not read SotDv1, but are an experienced tango dancer, you may be able to jump straight into this one -- if, and \*only\* if, you understand why, for example, a front cross against an open step in parallel system moves in contrary directions. If that last sentence isn't completely comprehensible and obvious to you, get volume 1 first.

This book has a number of interesting sequences that can be really difficult to master without proper training in tango argentino. Proper training, imho, is studying with the master teachers from Buenos Aires, proven as great educators around the world. Assuming one has such solid foundation, and now is attempting to master the sequences offered by the author of this book, then it may be beneficial to some dancers. But to call this book an ultimate key to success in tango is pretentious at the very least.

This book contains very nice exercises. I move my fingers on top of the pages, where my index finger is the left leg and the middle finger is the right leg (or you can use your thumb and index finger), and go left-right-left-right...., following the instructions in this special book, and it works great. Very sound ideas and well executed!

The first part of this excellent book, is full of exercises for relaxation and understanding ones

body. The second part it provides the inside of the mind of an improviser, detailing the tools to improve your dancing. Excellent book.

It starts with a nice introduction of the ways the author sees tango. Then there are chapters with great exercises for balance and technique, and the last part is the golden key to the dance theory. Great job!

I have been a tango instructor for 20 years and I find even the exercises were good for me, I'm using them to teach to my beginners class. I do really thank the effort put on it and the inspiration I got from it.

The first part of the book is my favorite. It really gave me a lot of clues on how to practice and what to practice. Now I'm practicing a lot less time than before and I'm learning a lot faster.

It is amazing how easy it is to improve your dancing by reading this book, cause then when you go to practice, you know what to do and what you are looking for in the exercises.

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